**Lunch Menu** | **June 2022**

Menu items are subject to change due to the availability of food items. Items with \*\* contain pork or pork products

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| **MONDAY** | **TUESDAY** | WEDNESDAY | **THURSDAY** | **FRIDAY** |
| Call to sign up, or to cancel your meal order:***Text  Description automatically generated with medium confidence*480-858-6510** |  | 1Turkey w/ GravyMashed PotatoesCalifornia Blend VegetablesWhole Wheat RollApple Sauce | 2Sloppy JoeCornGreen Beans w/ TomatoesWhole Wheat BunBanana | 3BBQ ChickenEdamameRoasted PotatoesWhole Wheat RollCinnamon Peaches |
| 6Cold Salad PlateEgg, Beets & 3-BeanWhole Wheat CrackersPineapple | 7Philly Beef w/ Cheese SauceMixed vegetablesFrench FriesWhole Wheat HoagieFresh Pear | 8Cheese Ravioli w/ SpinachItalian Blend VegetablesCauliflowerWhole Grain Bead StickSliced Apples | 9Italian Sausage Sandwich\*\*Broccoli4-Way Mixed VegetablesWhole Wheat BunFruit Cup | 10CheeseburgerBaked BeansLettuce & TomatoWhole Wheat BunMixed Berries |
| 13**Tuna Salad Sandwich**Celery & Carrot SticksBroccoli SaladWhole Grain BreadMandarin Orange | 14Turkey Ala KingSweet PotatoSpinachWhole Wheat BiscuitFruit Cocktail**Birthday Cake** | 15Beefy Macaroni & CheeseMixed VegetablesCarrot CoinsWhole Wheat RollOrange | 16Paprika ChickenWinter Blend VegetablesZucchiniWhole Grain Bread StickPineapple | 17Pulled Pork Sandwich\*\*SpinachBaked BeansWhole Wheat BunStrawberries |
| 20Meatloaf w/ GravyMashed PotatoesPeasWhole Wheat RollMixed Berries | 21Grilled ChickenRoasted Tomatoes3-Bean SaladWhole Wheat RollGala Apple | 22Turkey Meatballs w/ GravyGarden SaladBalsamic CarrotsWhole Grain RollMandarin Oranges | 23Steak DianeSuccotashWax BeansWhole Wheat RollApple Crisp |  24Chicken KievStewed TomatoesItalian Green BeansWhole Wheat RollGrapes |
| 27Baked Ham w/ Pineapple\*\*YamsEdamameWhole Wheat RollApricots | 28Teriyaki BeefYellow SquashBroccoli & CauliflowerBrown RiceCinnamon Pears | 29Chicken Salad SandwichLettuce & TomatoCarrot SticksWhole Wheat BreadBanana | 30Beef TacosLettuce, Tomato & CheeseMexican RicePinto BeansStrawberriesCookie | Menu subject to change due to availability.*Aster Aging is funded in part by Area Agency on Aging, Region One.* |