February 2025 **LUNCH MENU**



Porkchop** with Turkey with mashed Shrimp Scampi with Beef and broccoli, Pot roast with potatoes aravy, sliced mushpotatoes and gravy, a yellow squash, 5-way edamame. Asian & carrots, coleslaw, a rooms, winter whole grain roll, vegetable mix, whole vegetable mix, brown whole grain roll, and vegetable mix, lemonpineapple chunks, and wheat penne noodles, rice, and pear slices. herbed quinoa, an an apple crisp with and cubed manages. whole wheat fig orange, and an Oatmeal topping. newtons. oatmeal cookie. 10 11 12 13 14 Herb-encrusted Pork** meatballs. Ham** and Swiss TCAA IS FUNDED IN Cod fillet with Brussel Beef stew, carrots and chicken, yam, Italian vegetables, cheese sandwich on PART BY AREA sprouts, chuck wagon potatoes, broccoli, a spinach, a whole grain butternut squash, whole wheat bread. whole wheat biscuit. corn, brown rice pilaf, roll, apples and whole wheat penne coleslaw, French fries, REGION ONE. and mixed berries. and apricots. cinnamon, and noodles, and peaches. and an orange. Graham crackers.

20

27

CLOSED

17

24

Mon

Salisbury steak, mashed potatoes, Normandy vegetables, a whole grain roll, peach crisp with Oatmeal topping.

Shrimp Alfredo, broccoli, mixed vegetables, brown rice, and pineapple.

19

26

Wed

Chicken with curry sauce, edamame, winter vegetables, whole wheat penne pasta, and apricots.

Thu

Blackened Pork**, cauliflower, peas, a whole grain roll, applesauce, and graham crackers.

21

28

Fri

AGENCY ON AGING.

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY.

ITEMS WITH ** CONTAIN PORK OR **PORK PRODUCTS**

Turkey, whole wheat stuffing, mashed potatoes, baby carrots, and peaches.

Scrambled eggs with diced bell pepper and onion mix, pork** sausage, tater tots, a whole wheat biscuit, and mandarin oranges.

Barbeque Pork** chop, baked beans, summer squash, lemon quinoa, and an apple.

Chicken tacos on a whole wheat tortilla. refried beans, Mexican corn, and a banana.

Whole wheat spaghetti and beef meatballs, green beans, garden Greek salad, a bread stick, and sliced pears.