

HOUSING STABILITY

Community Action Program (CAP): **Emergency Rent and Utility Assistance**

CAP offers emergency funds and short-term case management services to households facing a temporary financial hardship that places them at risk for a utility disconnect eviction, or foreclosure.

I-HELP Emergency Shelter Program

The I-HELP Shelter makes safe, overnight sleeping spaces available for adults experiencing homelessness in Tempe, through a vast network of houses of worship that open their sites each night to the program. Food and other resources are provided by community volunteers. I-HELP staff assist participants with overcoming barriers and transitioning from street to shelter to home.

Oasis Drop-In Center

The Oasis Drop-In Center is a day resource site where unsheltered individuals can access a variety of resources to begin their journey out of homelessness. The menu of services includes, but is not limited to washer/dryer, health care, assistance with ID documents, mail services, workshops, public benefits enrollment, employment resources, and more.

HUNGER RELIEF

Tempe's Largest Food Pantry Escalante Community Garden Home-Delivery of Food Boxes **Food 2 Schools Initiative SNAP Outreach**

TCAA operates Tempe's largest hunger relief effort, assisting seniors, adults, and children to improve their nutritional intake through emergency food boxes and access to locally grown produce. Food is distributed through various channels including the Food Pantry, community garden, and delivery of food boxes to homes, schools, and other community sites.

Our comprehensive hunger relief programs

- Distribute food through multiple access points
- Serve people of all ages and backgrounds
- Improve access to nutritious food
- Offer morning and evening hours
- Build knowledge of other resources to prevent hunger and malnutrition

OLDER ADULT INDEPENDENCE

Congregate lunches at Tempe & Scottsdale Senior Centers Home Delivered Meals Special Transportation In-Home Care

TCAA offers seniors and adults with disabilities a variety of nutritional programs and non-medical in-home care to aide in building and maintaining independence. The senior center lunch programs, home-delivered meal service, and Neighbors Helping Neighbors program help participants maintain health, strengthens valuable social connections, reduce isolation among participants.

HEALTHY FAMILIES

TCAA's Health Start program community health workers assists women early in their pregnancy to access prenatal care and post-partum support by promoting a healthy head start for their young children. The program is designed to:

- Reduce the incidence of low birth weights and risk for early childhood diseases
- Provide valuable tools to increase maternal health
- Ensure infants and toddlers receive critical developmental assessments for early identification of health needs
- Develop parenting skills & provide family support services



ECONOMIC EMPOWERMENT

The Financial Success Center uses a proven model to enhance economic opportunities for low-income households through education, employment assistance, access to income supports, and financial coaching.

Services for participants:

- Financial well-being assessment
- Public benefits enrollment
- Financial coaching
- Credit counseling
- Vocational training resources
- Employment assistance

COMMUNITY ENGAGEMENT

Each year more than 1,000 volunteers help to further TCAA's mission by delivering critically needed services alongside our employees. Each program offers opportunities for individuals, families, and groups to make a difference in their community. Volunteer orientations and training are held monthly and mileage reimbursement is available.

HOW CAN YOU HELP?

HUNGER RELIEF



- Conduct a healthy food drive on behalf of TCAA
- Volunteer at the Food Pantry and Community Garden

HOUSING STABILITY



- Prepare and serve meals at I-HELP
- Conduct a "basic needs" drive to collect much needed hygiene essentials, socks, linens, laundry pods and bus tickets

OLDER ADULT INDEPENDENCE



- Assist with home-delivered meals
- Assist a senior in their home by providing friendly visits, rides to the doctor's office or grocery store, dog walking, and light home maintenance

HEALTHY FAMILIES



- Host a group baby shower for expectant mothers who are participating in the program
- Conduct a diaper or baby food drive

ECONOMIC EMPOWERMENT



- Assist participants with resumes and interview practice
- Refer employers in need of job-ready candidates
- Donate gas cards, bus/light rail passes, and grocery gift cards for job seekers





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