

July 2020 MENU

Items with **contain pork or pork products. Menu subject to change due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Caesar Wrap 3-Bean Salad Potato Chips Grapes	2 Cabbage Rolls Carrots Spinach Whole Wheat Roll Strawberries	3 Independence Day Observance No Meal Service
6 Turkey Tetrizzini Mixed Vegetables Grilled Artichoke Whole Wheat Roll Watermelon	7 Scrambled Eggs w/ Onions & Spinach Sliced Tomatoes Diced Potatoes Biscuit Plum	8 Pork Marsala** Butternut Squash Green Beans Whole Wheat Bun Cranberry Applesauce	9 Pineapple Chicken Peas and Carrots Asparagus Whole Wheat Roll Sliced Pears	10 Sloppy Joe Fire Roasted Corn Zucchini Whole Wheat Roll Orange
13 Falafel Pita Malibu Vegetable Blend Green beans Banana	14 Salisbury Steak Yams Succotash Whole Wheat Roll Orange	15 Bruschetta Chicken Sugar Snap Peas Brown Rice Whole Wheat Bread Banana Pudding Peaches	16 Turkey Swedish Meatballs Brussel Sprouts Mixed vegetables Whole Wheat Roll Cantaloupe	17 Chicken Cobb Salad 3-Bean Salad Tabbouleh Whole Wheat Cracker Sliced Peaches
20 Meatloaf w/ Gravy Mashed Potatoes Carrots Whole Wheat Roll Grapes	21 Trout w/ Garlic Butter Garden Salad Orzo w/ Tomato and Basil Whole Wheat Roll Sliced Peaches	22 Pulled Pork Sandwich** Coleslaw Green Beans Whole Wheat Bun Pecan Pie Banana	23 Tuscan Chicken w/ Spinach & Tomatoes Broccoli Whole Wheat Roll Fruit Cocktail Birthday Cake	24 Egg Salad Plate Italian Vegetable Pasta Salad Beets Whole Wheat Cracker Sliced Apples
27 Fish and Chips Peas Potato Wedges Whole Wheat Roll Pineapple	28 Beef Lasagna Lima Beans Carrots Whole Wheat Roll Apricots	29 Chicken Burrito Bowl Rancho Vegetables Black Beans Spanish Rice Mango	30 Apple Pancakes Scrambled Eggs Tomato Slices Hash Browns Fresh Fruit	31 Caribbean Style Pork** Sautéed Green Beans Spinach Brown Basmati Rice Peach Crisp Tropical Fruit Cup

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