

April 2021 MENU

Items with **contain pork or pork products. Menu subject to change due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Items with **contain pork or pork products. Menu subject to change due to availability.	Aster Aging is funded in part by Area Agency on Aging Region One		1 Baked Catfish Asparagus Carrots Whole Wheat Sweet Roll Apricots Birthday Cake	2 Gnocchi w/ Ground Turkey Zucchini Italian Blend Vegetables Bread Stick Pears
5 Pork Pozole Stew** Corn Yellow Squash Whole Wheat Roll Pineapple	6 Orange Chicken Salad Cucumber Salad Beets Crackers Mixed Fruit	7 Waffle w/ Eggs Sliced Tomatoes Chef's Potato Yogurt w/ Fresh Fruit	8 Fried Chicken Greens Beans Yams Whole Wheat Sweet Roll Fruit Cocktail	9 Sloppy Joe Garden Salad Potato Wedges Whole Wheat Bun Watermelon
12 Beans & Rice w/ Chicken Okra Carrots Whole Wheat Roll Black Forest Cake Plum	13 Meatloaf w/ Gravy Peas Mashed Potatoes Whole Wheat Roll Grapes	14 Tilapia w/ Hollandaise Brussel Sprouts Rosemary Potatoes Whole Wheat Roll Sliced Pears	15 Beef Tacos w/ Salsa Lettuce, Tomatoes Refried Beans Tortilla Mandarin Oranges	16 Pineapple Pork** Zucchini Cole Slaw Whole Wheat Roll Mango
19 Chicken Salad Sandwich 3-Bean Salad Beets Whole Wheat Bun Honey Dew	20 Shrimp Scampi Corn Roasted Potatoes Whole Wheat Roll Pineapple	21 Stuffed Pepper Garden Salad Peas & Carrots Cornbread Pecan Pie Banana	22 Ground Pork Stroganoff** Cauliflower Mixed Vegetables Whole Wheat Roll Blueberries	23 Baked Potato w/ Cheese & Chili Broccoli Stewed Tomatoes Whole Wheat Roll Orange
26 Ham Steak w/ Gravy** Coleslaw Mashed Potatoes Whole Wheat Roll Grapes	27 Honey Garlic Meatballs Green Beans Succotash Whole Wheat Roll Banana	28 Tuna Salad Plate Vegetable Pasta Salad Carrot Sticks Crackers Peach Crisp	29 Summer Beef Stew Collard Greens Cornbread Cantaloupe	30 Balsamic Chicken Bean Sprouts Asparagus Whole Wheat Roll Grilled Apples
