# Tempe Community Action Agency



Together we can strengthen people, families, and community.



# Volunteer Opportunities

Contact **Deb Bacorn** Volunteer and Community Engagement Coordinator DebraB@tempeaction.org (480) 422-8922 x 5884

# About TCAA



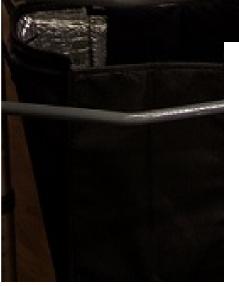
Tempe Community Action Agency was founded in 1966 by two sociallyminded Tempe women who dedicated their lives to helping the less fortunate. TCAA plays a vital role in providing services and resources that strengthen the economic stability of low and moderate income families and neighborhoods in Tempe. Our mission is to foster dignity and self-reliance for the economically vulnerable in the communities we serve.

The work of TCAA ranges from infancy to the elderly. We work with expectant parents to ensure that babies are born within healthy birth weights and raised in an ideal home environment. Families facing difficulty meeting their nutritional needs can access food boxes and utilize our community gardens for ongoing needs. Those who are facing eviction or

utility disconnects can receive emergency rent/utility assistance; while adults who have become homeless can enter our emergency shelter and receive help to move from homelessness to permanent housing. Individuals facing chronic underemployment and poverty can further their economic independence through financial coaching, income supports, and employment assistance. Later in life, aging adults are able to meet their ongoing nutritional needs with meal services offered at local senior centers. For those who have become limited in mobility and are struggling to age in place; TCAA offers in-home services and home-delivered meals.



# Volunteer



#### Connect with TCAA's mission and your community through volunteerism

TCAA offers an environment where volunteers are intentionally engaged, fully supported and overwhelmingly valued as full partners in the mission of TCAA.

#### What we offer

TCAA volunteers can expect to have full support from our staff to make the experience with us a memorable one.

- Orientation
- Training
- Assistance with background checks (if needed)
- Mileage reimbursement (for certain volunteer drivers)
- Tracking volunteer hours for individuals and groups

#### **Group Volunteers**

TCAA welcomes volunteer groups representing service clubs, local businesses, friends, and family, and others! Contact our Volunteer Coordinator at debrab@tempeaction.org to customize an event that meets your group's goals and schedule.

### Volunteer Activities

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#### Year-Round Opportunities



#### **Community Gardens**

TCAA operates the Escalante Community Garden. Volunteers are needed to perform garden maintenance and special projects. Garden plots can be "adopted" by volunteer groups to decorate, plant, and maintain. The garden also features an outdoor kitchen space that can be utilized during a volunteer project work day. Tools are provided by TCAA.

#### Homeless Survival Bags

Employees can help build 'Survival Bags' containing nonperishable food items and toiletries for people experiencing homelessness. These bags contain items such as water, canned tuna, granola, fruit, crackers, and travel size toiletries.

#### Food Boxes

Food boxes contain a variety of food items including fresh produce, dairy items, meat, and other perishables. Employees can sort food deliveries and prepare boxes with the necessary food for distribution at our Food Pantry and at participating schools.

For some of these activities, it is possible for TCAA to bring the items to your offices, and have your employees put them together on-site.

### Volunteer Activities

#### Year-Round Opportunities



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#### Backpacks for the Homeless

Holding a drive for backpacks and necessary items for people who are experiencing homelessness is critical, especially in the summer and winter months. Volunteers can conduct a drive and then assemble the backpacks so that TCAA can distribute them to clients. Items may include:

- Backpack
- Non-perishable foods
  - \_\_\_\_



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- Travel size sunscreen
- Travel size hygiene products
- Small Blanket/Towel
- Gloves
- Hat/Cap
- Bus/Light Rail pass

#### Change for Change

Food drives at your site are a helpful way to supplement the Food Pantry. By collecting and donating change instead of food your impact is vastly increased, as TCAA can purchase food at significantly reduced prices. This means more food items are available for people in need.

#### Senior Meal Program

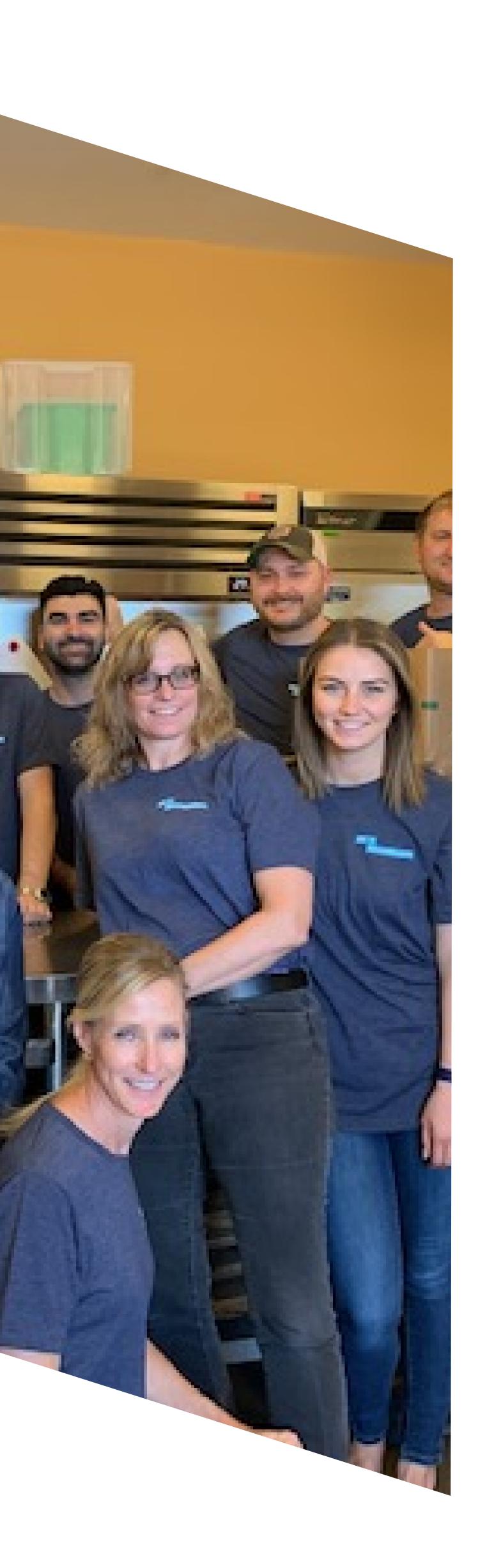
Volunteers are needed during the congregate lunchtime meals at Tempe and Scottsdale Senior Centers to set up the lunchroom,

greet visitors, and prepare and serve catered nutritious meals to seniors and people with disabilities in our community.

#### In-Home Care for Seniors

Home-care is personal support that is provided at home. Employee teams can perform the following:

- Light home maintenance, such as replacing light bulbs, air filters, and smoke alarm or hearing aid batteries, and minor home and plumbing repairs, or upgrades (e.g. painting)
- Lawn maintenance for seasonal needs or special projects such as sweeping, mowing, edging, and gardening
- Yard work to prevent or eliminate a City of Tempe code violation





Our team can assist you with planning or conducting any of the following volunteer projects.

#### Holiday Lights

For about 2-3 hours on a Saturday in December, volunteers are needed to bring a little holiday cheer to home-bound and limited mobility older adults in Tempe.

Volunteer groups will hang holiday lights on several homes belonging to clients of TCAA's Senior Independence programs. In January, volunteers will return to remove and store the lights and decorations.

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#### **Turkey Drive**

This year, TCAA's goal is to provide 500 families in need with a turkey for Thanksgiving dinner.

Volunteers can help by organizing a turkey drive with fellow employees or friends. Please let us know how many turkeys you're hoping to collect (so we can keep track). Turkeys are distributed to Food Pantry clients the week before Thanksgiving, so turkey donations should be delivered to TCAA by November 18.

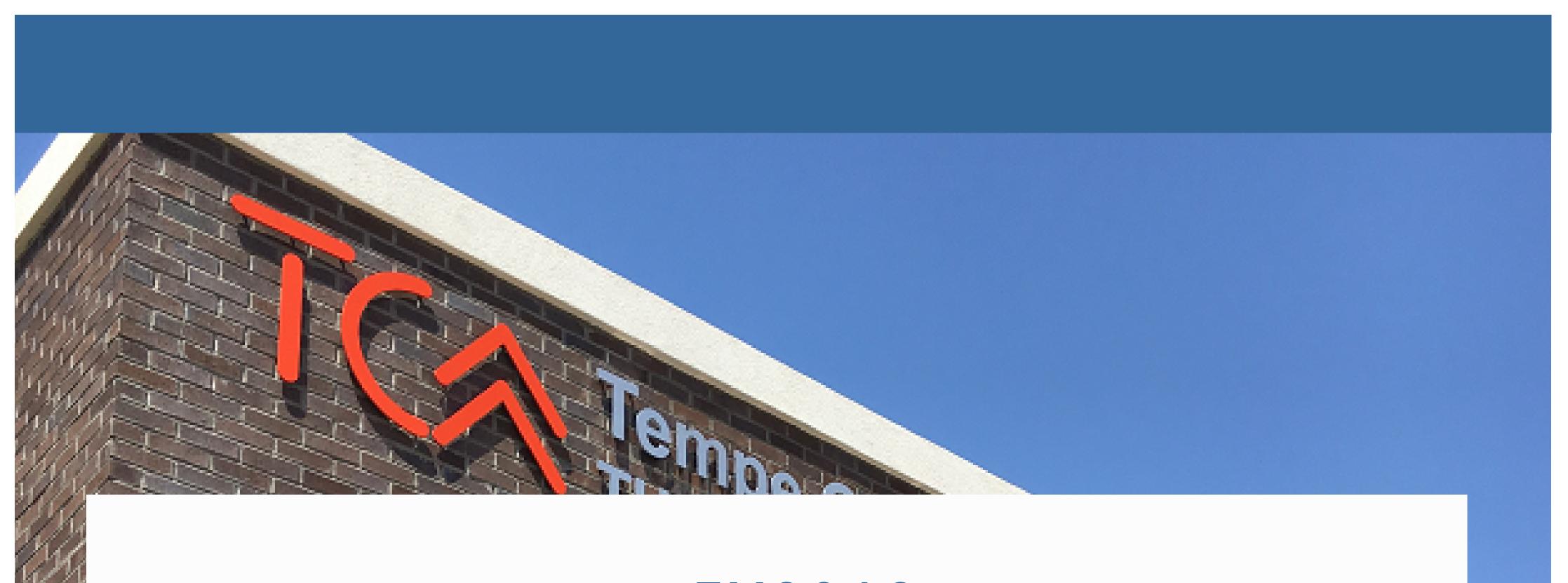
#### Holiday Dinner Drive

Help provide families in need with the traditional fixings to complete a holiday dinner. Donations to the Food Pantry can include:

- Instant Potatoes
- Cream of Mushroom Soup
- Green Beans
- Creamed Corn
- Cornbread Mix
- Cranberry Sauce
- Stuffing Mix
- Canned pumpkin

#### Adopt a Family Drive

Collect new, unwrapped toys for children ages 1-15, gift cards to stores such as Target or Walmart for teens, and gift wrap. Volunteers will also be needed to help wrap gifts for families.



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## Commitment to Volunteerism

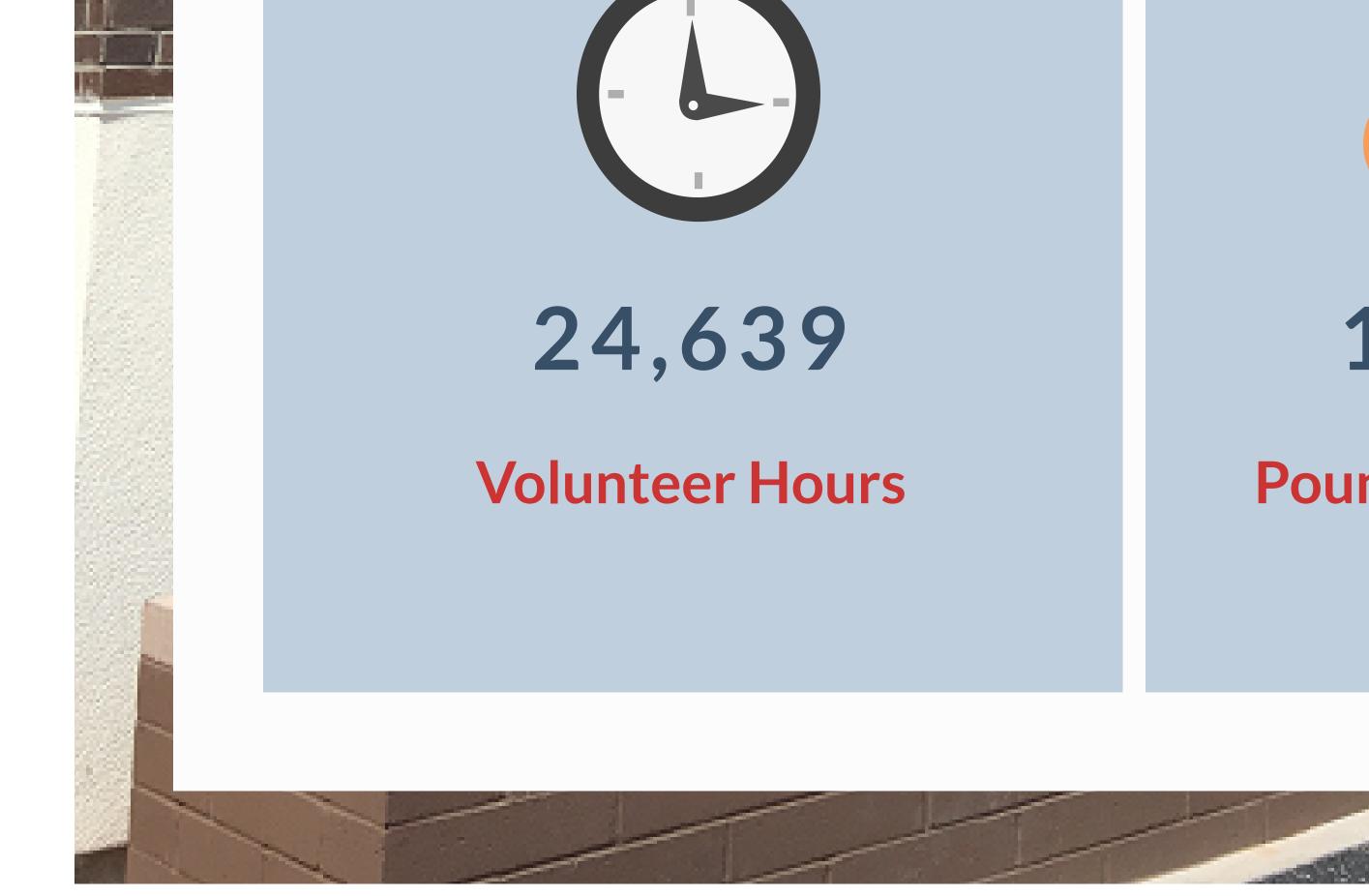


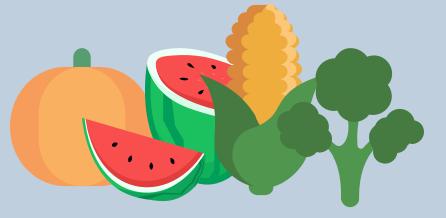


# 37

# **Corporate Volunteer**

Groups





# 1,131,602

#### **Pounds of Food Donated**



We look forward to collaborating, planning and ultimately engaging with you.

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