

September 2020 MENU

Items with **contain pork or pork products. Menu subject to change due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Scrambled Eggs w/ Onions & Spinach Sliced Tomatoes Diced Potatoes Biscuit Plum	2 Pork Marsala** Butternut Squash Green Beans Whole Wheat Bun Cranberry Applesauce	3 Pineapple Chicken Peas and Carrots Asparagus Whole Wheat Roll Sliced Pears	4 Sloppy Joe Fire Roasted Corn Zucchini Whole Wheat Roll Orange
7 Falafel Pita Malibu Vegetable Blend Green beans Banana	8 Salisbury Steak Yams Succotash Whole Wheat Roll Orange	9 Bruschetta Chicken Sugar Snap Peas Brown Rice Whole Wheat Bread Banana Pudding Peaches	10 Turkey Swedish Meatballs Brussel Sprouts Mixed vegetables Whole Wheat Roll Cantaloupe	11 Chicken Cobb Salad 3-Bean Salad Tabbouleh Whole Wheat Cracker Sliced Peaches
14 Meatloaf w/ Gravy Mashed Potatoes Carrots Whole Wheat Roll Grapes	15 Trout w/ Garlic Butter Garden Salad Orzo w/ Tomato and Basil Whole Wheat Roll Sliced Peaches	16 Pulled Pork Sandwich** Coleslaw Green Beans Whole Wheat Bun Pecan Pie Banana	17 Tuscan Chicken w/ Spinach & Tomatoes Broccoli Whole Wheat Roll Fruit Cocktail Birthday Cake	18 Egg Salad Plate Italian Vegetable Pasta Salad Beets Whole Wheat Cracker Sliced Apples
21 Fish and Chips Peas Potato Wedges Whole Wheat Roll Pineapple	22 Beef Lasagna Lima Beans Carrots Whole Wheat Roll Apricots	23 Chicken Burrito Bowl Rancho Vegetables Black Beans Spanish Rice Mango	24 Apple Pancakes Scrambled Eggs Tomato Slices Hash Browns Fresh Fruit	25 Caribbean Style Pork** Sautéed Green Beans Spinach Brown Basmati Rice Peach Crisp Tropical Fruit Cup
28 BBQ Chicken Grilled Vegetables Sweet Corn Nuggets Whole Wheat Roll Watermelon	29 Bratwurst** Baked Beans Steamed Cabbage Whole Wheat Bun Vanilla Pudding Grapes	30 Tuna Salad Sandwich Mango Salad Beets Whole Wheat Bun Oranges		

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