

November 2019 MENU

Menu items are subject to change due to availability of food items. Items with ** contain pork or pork products

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Beef Stew w/ Carrot & Potato California Vegetables Corn Cornbread Strawberries
4 Breakfast Sandwich w/ Egg,** Pork Sausage and Cheese Hash browns Tomato Wedges Cheddar Chive Biscuit Fresh Apples	5 Balsamic Glazed Chicken Asparagus Dill Roasted Carrots Whole Grain Roll Apricots	6 Meatloaf w/ Gravy Festive Cauliflower Mashed Potatoes Whole Grain Roll Oreo Cake Fruit	7 Chef Salad w/ Turkey, Ham, Egg and Cheese Corn Salad Whole Grain Crackers Fresh Orange	8 Open Face Turkey w/ Gravy Mixed vegetables Cranberry Yams Whole Grain Roll Slice Pears
11 Sliced Steak Diane Cauliflower Baked Potato Whole Grain Roll Rice Pudding w/ Bananas	12 Veggie Burger w/ Lettuce & Tomato Chef Vegetable Potato Wedges Apple Sauce	13 Chicken Stroganoff w/ Noodles Brussel Sprouts Winter Blend Vegetables Whole Grain Roll Mixed Fruit	14 Meatball Sub w/ Cheese Garden Salad Green Beans Fruit Crisp	15 Orange Sage Pork Chop ** Succotash Spinach Couscous Whole Wheat Roll Sliced Peaches
18 Pork Riblets ** Carrots Peas Whole Grain Roll Tropical Fruit	19 Grilled Chicken Piccata Spinach Roasted Turnips Whole Grain Roll Mandarin Oranges	20 Spaghetti w/ Meatballs Italian Veggie Blend Zucchini Whole Wheat Bread Stick Sliced Apples	21 Greek Style Redfish w/ Feta, Olives, and Cucumber Mix Steamed Cabbage Rosemary Potatoes Whole Grain Roll Fresh Fruit	22 Thanksgiving Celebration Roast Turkey w/ Gravy Bread Stuffing Mashed Potatoes Green Bean Casserole Pumpkin Pie
25 Honey Butter Chicken Broccoli Sweet Potato Whole Grain Roll Mandarin Oranges	26 Birthday Celebration Shepard's Pie Zucchi Squash Whole Grain Roll Peaches Birthday Cake	27 Scrambled Egg w/ Mushrooms & Spinach O'Brien Potatoes Croissant Fresh Fruit	28 HAPPY THANKSGIVING Center Closed	29 Center Closed

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